

# Birchwood House

A residential care home in Newham, London

E12 6RB





# Experience you can trust, support you can rely on

Overview

We provide specialist and bespoke support for adults with learning disabilities, autistic people and individuals with complex needs and behaviours of concern. Our pathway of integrated services includes supported living and residential care across London, the South and East of England.



#### Welcome to Birchwood House

Birchwood House is our warm and friendly residential home in the well-connected borough of Newham.

Overview

#### Why choose Birchwood House?

• Comfortable, Connected, and Tailored Living: Our home features spacious rooms, shared social spaces, and calming environments designed for each individual's sensory, physical, and behavioural needs. There are over 20 parks and recreation grounds nearby, including Woodgrange Park, perfect for leisurely strolls and transport links include the London Underground lines and the DLR.

Co-Produced, Person-Centred Support: Shaped by people with lived experience through our Influencers Group, we build care plans around each person's strengths and goals - like supporting someone with a passion for art to lead classes, boosting confidence and inspiring others.

**Expert, Caring Team:** All our staff are trained in Positive Behaviour Support (PBS) and Proact-SCIPr-UK. Each person we support has a tailored PBS plan, with input from our in-house PBS Practitioners, Speech and Language Therapists, and Occupational Therapists, promoting safety, independence, and progress.



Birchwood House Area Map Link



#### Room information

Overview

#### Room 4

This room includes:

- Private En-suite Bathroom: Features a bathtub, toilet and sink
- Fully Furnished: The room includes a double bed, wardrobe, and a chair and table
- Compact Wardrobe: Convinently located next to the bed for easy reach and hanging of clothing
- Locked medical box: Conviently located in case of emergency
- Independent Kitchen Area: Equipped with a sink and two cupboards.
- **Double Entrance:** Easy access into the main house or into the garden





#### Features



Private bedroom

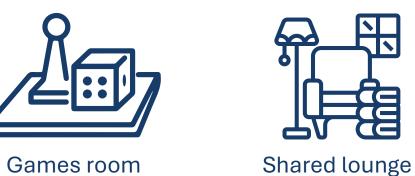
Shared garden



Overview

En-suite bathroom









Public transport links





#### Benefits







Positive Behaviour Support (PBS)









Outcomes-based support & Personal skill development



Near a SEND College and Day Centre



Regional support network



Speech and language therapy



Registered manager on site



#### Meet the team



**Suzanne**, Regional General Manager for London and the South East Region

Suzanne offers over 28 years of social care experience, including leadership roles at Active Care Group. Dedicated to achieving exceptional outcomes for individuals, Suzanne leads by example, transforming care and fostering supportive environments for both those we support and her colleagues.



**Lindsay**, Registered Manager at Birchwood House

Lindsay is an experienced Service Manager with over six years in adult social care. Formerly a Senior Tutor in further education, she has a strong background in supporting individuals with learning disabilities. Holding an L5 diploma in Leadership and Management, Lindsay is dedicated to person-centred care and empowering her teams.

#### Compliments about the team



The relationship that you have with the people we support is great to see and I can really see the good relationship they have.

Social Care Professional, December 2023



Thank you to the team for looking after the supported individual and their progress since our last consultation. All vital signs have improved.

Health Care Professional, October 2020



## Co-production

We're proud to have an established Influencers Group, made up of supported individuals from our homes. This group plays a pivotal role in shaping our plans, ensuring they are genuinely aligned with the needs and aspirations of all those living in a Liaise home.

Overview

By listening to people with lived experience, we bring an enriched, authentic perspective to everything we do. From policy and practice reviews to designing new homes, their voices directly influence our approach to key working, goal setting, and designing services.

Our commitment to co-production means creating meaningful partnerships that empower individuals, drives inclusion, and deliver homes truly tailored to those we support. Together with our Influencers, we're making Liaise the best possible place to live - a place where everyone's voice shapes the future.





# Improving Lives

Built on the principles of Positive Behaviour Support (PBS) and Proact-SCIPr-UK training, our approach prioritises respect for individual needs, promotes independence, and ensures safety and well-being.

Overview

We go beyond standard care by equipping all team members with specialist PBS training, guided by the expertise of PBS Practitioners, Speech and Language Therapists, and Occupational Therapists. This collaborative approach enables us to deliver high-quality, tailored support that drives meaningful outcomes for the people we support.

Our innovative Outcomes Pathway Model (right) helps us design bespoke care strategies based on each person's unique hopes, goals, and aspirations.





# Outcomes Based Success

#### **Speech and Language Therapy with Claire\***

Claire\* is one of the people supported at Birchwood House in Newham. With the help of our speech and language team, she has recently been on an upward trajectory with her communication skills.

Claire was having a difficult time with some challenging behaviours, and feeling really isolated from the social environment at Birchwood as a result.

\*Name and photo changed for privacy

https://liaise.com/speech-and-language-therapy-with-claire/



### Working Together: Environment, Social and Governance

With Liaise as your partner, you can confidently meet ESG obligations while together we make a tangible difference in the lives of those we support.

- Environmental Responsibility
  - Energy-efficient homes, with heat pump technology and natural light tunnels.
  - Commitment to sustainable procurement and operations.

Overview

- Promoting green practices across our homes and communities.
- Social Impact
  - Measurement of outcomes and goals, to demonstrate impact.
  - Active co-production group to ensure equity and representation.
  - Quality of life improved via high-quality care, skill development, and community engagement.
- Governance Leadership
  - Transparent ESG aligned reporting.
  - Rigorous safeguarding, compliance, and ethical practices.
  - Stakeholder engagement at all levels to ensure accountability and continuous improvement.





#### Theresa Cook

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