

# **The People's Charter**



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### **About The People's Charter**

#### **Building on their vision**

The Influencers Charter was originally crafted in an easy-read format by the Influencers themselves and outlines their key desires and expectations for their lives and support. It is vital because it centres on lived experiences and preferences, ensuring their needs and wishes are at the forefront of our practices.



The Influencers' Charter is a very important document.

It was made by the people we support, in a way that is easy to read



The Charter shares what really matters to them their hopes, wishes, and what good support looks like

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It is important because it is based on real life experiences

It helps make sure we always listen and focus on what people want and need

### **About The People's Charter**

#### Why this charter matters

Creating a charter that directly involves the voices of those we support ensures that our services are truly person-centred. It formalises the commitment to not only hear but actively respond to the needs, preferences, and rights of the individuals we support. This charter is a testament to our dedication to empowering those with learning disabilities to live fulfilling, independent lives. It is also a guiding document that ensures all staff align with these values and practices.



This Charter is special because it was made with the people we support



The Charter helps people with learning disabilities live happy, independent lives



It also helps our staff know how to give the best support, by following the values and wishes of the Charter

### **1. Participation & Inclusion**

- We will support each person to actively participate in decisions about their lives.
- We commit to providing opportunities for everyone to engage in social, educational, and work activities that are meaningful to them.

#### Join in and be included



We will help you take part in decisions about your life



We will support you to join in social, education, and work activities you enjoy

### **2. Independent and Learning**

• We will empower individuals to pursue education and learning opportunities that promote independence and personal growth.

• We will support each person to develop the skills necessary to lead an independent and fulfilling life.

#### Learn and be independent



We will support you to learn new things and grow



We will help you to be more independent in your life

## **3. Social Engagement and Wellbeing**

• We will facilitate access to social events, day trips, and holidays, ensuring these opportunities are inclusive and accessible.

• We will promote the overall health and wellbeing of everyone, providing access to necessary healthcare and mental health support.

#### Social life and wellbeing



We will help you to go on social events and day trips



We will help you to go on holidays



We will support your health and wellbeing, including healthcare and mental health

## 4. Employment and Volunteering

• We will assist individuals in finding voluntary work or paid employment that aligns with their interests and abilities.

• We will support each person to explore and pursue career opportunities that empower them to contribute to

#### Work and volunteering



We will help you find volunteering or paid work that you like



We will support you to explore job opportunities that make you feel valued

### 5. Rights and Advocacy

• We will ensure that everyone understands their rights and has access to advocacy services to support them in making their voices heard.

• We commit to listening to and respecting the opinions and advice of the people we support, recognising them as the true experts in their own lives.

#### **Your rights**



We will make sure you know your rights and can get support if needed



We will listen to your opinions and respect your choices

### 6. Continous Improvement

• We will regularly review and update this charter in collaboration with the Influencers to ensure it continues to reflect their needs and aspirations.

• We will be transparent about our progress and accountable to the people we support.

#### **Keep improving**



# We will regularly check and update this charter with your help



We will be open about what we do and how we are doing it